

Our Capacity Statement

Mental 360 is a leading non-profit social enterprise working in mental health in Kenya. It works to raise awareness, provide affordable, inclusive and holistic support to at-risk persons and advocacy.

Mental 360 has built a solid track record in youth mental health leveraging on messaging, cultural alignment and technology to reach young people across the country.

The strength of the organisation is drawn from its methodology in program implementation that takes a design thinking approach, has a focus on sustainability and scalability, the age and culture of the team which mirrors the target audience i.e. youth for youth and thus ensures our services and approaches are relevant, and utilise a holistic service provision approach (whole person approach) that empowers socially, mentally, physically, and economically.

Our culture and ethos of non-discrimination gives us the opportunity to serve special interest groups that are vulnerable e.g. survivors of sexual and gender based violence, young women and persons with physical disabilities and sexual minorities.